



Oneida County System of Care

Building Relationships Together

Resource Guide
August 2023

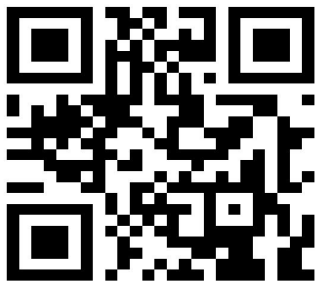


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COUNTY EXECUTIVE

Herkimer County Offices

- ◆ This Resource Guide was made available through collaboration and a partnership with The Oneida County Department of Mental Health/Oneida County Youth Services Council.
- ◆ Funding for this Resource Guide was made available through a grant from the New York State Office of Mental Health (NYS OMH) and The Research Foundation.
- ◆ This Guide is meant to help connect individuals to resources. It does not represent every resource in the community. For additional resources you can also call 211.

Visit our website for more information on individual providers: www.oneidacountysoc.com



Adult SPOA Coordinator: (315) 525-0006

Children's SPOA Coordinator: (315) 867-1465

Day Care Assistance: (315) 867-1233

Medical Assistance/Medicaid: (315) 867-1239

Mental Health Services : (315) 867-1465

Office for the Aging: (315) 867-1121

Public Health Department:(315) 867-1176

Supplemental Nutrition Assistance Program (SNAP): (315) 867-1641

Temporary Assistance: (315) 867-1239

Youth Bureau: (315) 867-1213

Madison County Offices

Adult SPOA Coordinator: (315) 366-2327

Child Care Assistance: (315) 366-2211

Children's SPOA Coordinator: (315) 366-2327

Medical Assistance/Medicaid: (315) 366-2211

Mental Health Service: (315) 366-2327

Mohawk Valley Perinatal Network: (315) 732-4657

Office for the Aging: (315) 697-5700

Public Health Department: (315) 366-2361

Supplemental Nutrition Assistance Program (SNAP): (315) 366-2211

Temporary Assistance: (315) 366-2211

Youth Bureau: (315) 366-2574

Hotlines

Alcoholics Anonymous: (315) 732-6880

Child Abuse Hotline: 1 (800) 342-3720

Domestic Violence - YWCA Mohawk Valley: Call or text
(315) 797-7740

Gambling and Chemical Dependency Hotline:
1 (877) 846-7369

Mobile Crisis Assessment Team (MCAT): (315) 732-6228

Mohawk Valley Runaway and Homeless Youth:
(315) 525-7276

National Runaway Hotline: 1- (800) RUNAWAY
(1-800-786-2929)

NY State Domestic/Sexual Abuse Hotline: 1 (800) 942-6906

NYS HOPEline (Addiction Assistance): 1 (877) 846-7369

Poison Control: 1 (800) 222-1222

Rape/Sexual Abuse Hotline: 1 (800) 656-4673

Sex Trafficking Hotline: 1 (888) 373-7888 or text **HELP** to
233733

Suicide Prevention Hotline: 988

Text **HOME** to **741741** to chat with a crisis counselor

Trevor Project LGBTQ+: 1 (866) 488-7386 or text **START** to
678-678

Veterans Crisis Line: 988, option 1

Mental Health Counseling

This does not encompass all providers. Please talk to your insurance company or Primary Doctor for other resources

For additional resources: www.psychologytoday.com

ADHD & Autism Psychological Services and Advocacy, Utica:
(315) 732-3431

Aspire Behavioral Health Solutions, Utica: (315) 732-3431

Barbara Arcuri, New Hartford: (315) 794-5969

Barbara Ruiz, Rome: (315) 339-3935

Black and Brown Therapists:

Kayla Hajdasz, New Hartford: (315) 306-3682

Mia Townsend, Whitesboro: (315) 768-7181

Sabrina Brown Engram Utica: (315) 542-1987

Sade Monique, New Hartford: (315) 968-2622

Britton Tarris, New Hartford: (315) 717-5787

Building Resilience, Rene Ciaccia, Whitesboro: (315) 709-2556

Clinton Therapy and Testing, Clinton: (315) 859-1973

Come to the Table, Camden: (315) 533-2570

Community Health and Behavioral Services (CHBS), Rome:
(315) 337-0773

Community Health and Behavioral Services (CHBS), Utica:
(315) 798-8868 medication management at both locations

Cornerstone, Mobile: (315) 868-1000

Cuda Counseling, Rome: (315) 866-0100

Support Groups

Hospice Bereavement and Palliative Care: (315) 735-6484 or
1-800-317-5661

The Good News Center, Utica: (315) 735-6210

Caregiver support group

The Third Option: relationship education program

Parents of Addicted Loved Ones (PAL)

Grief Survivors support group

Separated and Divorced support group

Please see their website for more info. www.thegoodnewscenter.org

The Compassionate Friends, Dolgeville: (315) 823-1864 or
(315) 858-2600, **Website:** www.compassionatefriends.org

Youth Activities/Programs Cont.

Side Kicks Karate and Wellness, Whitesboro: (315) 533-0794

Rebuilding the Village, Utica: (315) 271- 1622 Help at risk youth by mentoring them

VIP through Elevate, Westmoreland: (315) 263-5590

Activities hosted by the Oneida County Youth Bureau:

◆ (315) 798-5027

◆ ocgov.net/departments/youth-bureau/

These events are held yearly but dates change so check the website for updated information:

Utica Blue Sox All-Skills Baseball Clinic: ages 9-12. Equipment needed for participation includes a baseball glove, bat, and batting helmet.

Sidewalk Chalk Art Contest: ages 5-18

Annual Youth Fun & Fitness Run (RAIN or SHINE): Ages 4-13

Science Technology Entry Program (Step): (315) 792-5529, Assists qualified high school students considering careers in STEM services

YMCA Rome: (315) 336-3500

Mental Health Counseling Cont.

Dr. Minjah Siddiqi, Utica: (315) 266-0600 Psychiatrist

DRN Counseling, Mobile: (315) 570-5058 or (315) 507-3858

Freedom First, Latham NY: (518) 560-4277 Autism Spectrum Disorder Evaluation

Guarascio Psychological Services, Whitesboro: (315) 605-8956

Insights of Helio Health: (315) 724-5168

Jeana (Cacozza) Penree, New Hartford: (315) 525-0684

Jennie Mazza Jones, Clinton: (315) 737-3094, specializes in play therapy

Jim Ryan, New Hartford: (315) 725-1728

Kelberman Center Utica/ Rome: (315) 797-6241, Autism/ Developmental Delay Services

Margaret Williams, Syracuse: (315) 472-4404 Developmental evaluations

Maria Horan and Associates, Utica: (315) 724-5344

Meredith Gorton, Whitesboro: (315) 749-3476

Mohawk Valley Counseling Associates, New Hartford:
(315) 765-0121

Mohawk Valley Counseling Associates: (315) 765-0121

Mohawk Valley Psychiatric Center, Rome – Rome Clinic:
(315) 336-6230 Adult Only

Mohawk Valley Psychiatric Center, Utica – York Street Clinic:
(315) 738-4440 Adult only

Mountain Mental Health Group, Boonville: (315) 896-2100

Mental Health Counseling Cont.

Neighborhood Center, Rome: (315) 272-2730, med management

Neighborhood Center, Utica: (315) 272-2700, med management

New Hartford Psychiatric Services, Whitesboro: (315) 768-7181,
Incl. medication management

New Hartford Psychological Services, Utica: (315) 223-8889

Paul Dischiavo, Utica: (315) 235-1159

Phyllis Moore, Clinton: (315) 337-3849

Professional Counseling Center, New Hartford: (315) 733-0520 or
(315) 897-5375

Reflections Counseling, Camden: (315) 245-0345

Rising Potential Counseling, Utica: (315) 520-0859 or
(315) 864-3389

Robert Sharpe, New York Mills: (315) 507-5811 Incl. medication
management

Rosemary Hall, Barneveld: (315) 896-2100

Sacred Heart Healing, Rome: (315) 335-4592, faith-based

Samaritan Counseling: (315) 724-5173

Shelly Studer, Utica: (315) 563-3890

Sitrin Health Care Center, New Hartford: (315) 797-8000

Sphere Psychological Services, Utica: (315) 860-0988

The Door Counseling, Yorkville: (315) 768-8900

View Point VP Clinical Therapy Services, Whitesboro:
(315) 317-2698

You Fit Counseling, Utica: (315) 323-7893

Youth Activities/Programs

4-H program: (315) 736-3394 ext. 112

Athletic Program: (315) 880-3472, www.ucdevelopment.org/youth-programs for more info on Utica Royalties and Athletic program

Energy Zone Utica: (315) 792-8720, Learn about electricity with interactive exhibits

Kids with Promise at Thea Bowman, Utica: (315) 735-6995 or
(315) 797-0748 Lafayette St. Utica, Ages 13-18, They also have after school daycare programs

MVCAA Summer Rec Program: (315)624-9930, summer camp for income eligible youth

MVCC Career Camp: (315) 792-5300 offered in both Utica and Rome Locations for kids and teens

MVCC summer sports camp: <https://www.gomvhawks.com/information/camps/index> or call (315) 792-5660 for soccer, (315) 717-9000 for softball

Neighborhood Center Youth Service Program Utica:
(315) 272-2600 drop in center for more information on this and other services, www.neighborhoodctr.org

The Root Farm, Sauquoit: (315) 520-7046

Underground Café for Teens, Utica: (315) 735-1345

Utica Royalties: (315)880-3472 Email:
uticaroyalties@gmail.com

Wilsons Cops and Kids, Utica: (315) 404-6567 Youth Boxing program

Office For People with Developmental Disabilities

The Front Door Enrollment: 1(607)240-4900

Lifepan (Care Coordination): 1 (855) 543-3756

Primecare (Care Coordination): 1 (844)347-3168

Southern Tier Connect: (Care Coordination): 1(607) 376-7526

Resource Center for Independent Living (RCIL), Utica:
(315) 797-4642

Access VR (Employment and Educational Services):
(315)793-2536 or 1-800-624-6206

MVCAA OPWDD Service Access Program: (315)-624-9930

MVCAA OPWDD Recreation Respite Program: (315)-624-9930

The 21 Club: the21club.org, Down Syndrome Support and
Education

The ARC, Oneida Lewis: (315) 735-6477 –Oneida
(315) 272-1500– Lewis

Upstate Caring Partners Family Connect Resource line:
(315) 927-3411

CNY Quest, Utica: (315) 732-3431

Veteran's Services

Coaching into Care: 1-888-823-7458 education and support for
those who are seeking care or services for a Veteran

Local VA Mental Health Services: (315)425-4400, ext. 52717
www.va.gov/syracuse-health-care/health-services/mental-health-care

Resource Locator: helps Veterans easily find VA resources in their
area www.veteranscrisisline.net/ResourceLocator

Rome VA Clinic: (315) 334-7100

Sitrin Veteran Serices: (315) 797-3114

SSG Fox Suicide Prevention Grant Program: (315) 601-4662 (this is
also the UCD after hours line)

Utica Center for Development: (315) 765-0975 or (315) 601-4662

Language Services

Compass Interpreters, Utica: (315) 749-7080

Empire Interpreting Services for the Deaf, Homer NY: 1 (844) 620-
8594, includes remote services and translation

Interpretek, American Sign Language, Rome: (315) 356-1600

Liberty Translators & Interpreters, Utica: (315) 507-2419

Mohawk Valley Interpreters, Utica: (315) 864-8006

Multilingual Interpretation Services (MIS), Utica: (800) 340-8241,
also offers translation services

Tone Translation Services: (315)738-1083

Services

ACR Health Support groups, Family Peer Advocacy, and Q Center (LGBGTQ): (315) 475-2430

Building Blocks Children's Care Management: 1-800-853-6104

CABVI: (315) 797-2233 Resources for the blind and visually impaired

Center for Family Life and Recovery: (315) 733-1709, suicide prevention

Child and Family Treatment and Support Services (CFTSS) In Home Medicaid services for youth experiencing behavioral issues

ICAN: (315) 731-2640

Neighborhood Center: (315) 794-7493

Cayuga Center: (315) 253-5383 ext. 1131

CNY Health Home Care Management: (315) 624-9670, both children and adult (Medicaid program) need 2 or more chronic medical or mental health conditions to qualify for all Health Home Care management agencies

Compeer Mentoring Program: (315) 733-1709, volunteer-based program for youth and adults with a mental health diagnosis

Eating Disorders- Sol Stone Center, Ithaca, Elmira, Liverpool: 1 (877) 765-7866

Elmcrest Respite Syracuse: 1 (680) 895-0666, temporary crisis respite for kids 5+.

Pediatrician/Family PCP

MVHS-Whitesboro Medical, Whitesboro: (315) 624-8800

Naji El Khoury MD (Adults Only), New Hartford: (315) 797-7450

New Hartford Medical, New Hartford: (315) 520-7100

Oneida HC Verona Health, Verona: (315) 363-3482

Oneida Health Family Care, Camden: (315) 361-2113

Oneida Pediatric Group, Camden: (315) 245-5483

PED and ADOL Medical Assoc., Rome: (315) 339-0401,
Utica: (315) 624-9000

Rome Health Medical Center, Rome: (315) 338-7000

Sauquoit Valley Pediatrics, Sauquoit: (315) 737-3522

Slocum Dickson Med. Group, Utica: (315) 798-1502

St. Elizabeth Family Medicine, Utica: (315) 798-1149

Susan Griffing FNP, New Hartford: (315) 790-5998

Tri-Valley Family. Vernon: (315) 829-2220

UFHC Rome, Rome: (315) 624-9470

UFHC Waterville, Waterville: (315) 841-3835

Upstate Family Health Center, Utica: (315) 624-9470

Utica Community Health Center, Utica: (315) 793-7600

Utica Pediatrics, New Hartford: (315) 732-7909

Pediatrician/Family PCP

Adirondack Intrnl. Med & Peds, New Hartford: (315) 235-1043

Anchor Family Medicine, NY Mills: (315) 765-0122

Bassett-Clinton V12760, Clinton: (315) 853-5550

Blooming Pediatrics and FNP PLLC, New Hartford: (315) 662-0162

Boonville Family Care, Boonville: (315) 942-3500

Camden Family Care, Camden: (315) 245-3192

Chamkurkis Rao MD, Utica: (315) 797-7766

Ellinwood Pediatrics, New Hartford: (315) 507-2704

Family Health of CMH, Waterville: (315) 841-4184

Faxton St. Lukes-Barneveld, Barneveld: (315) 624-8440

Faxton St. Lukes-Washington Mills, New Hartford: (315) 624-8300

Faxton St. Lukes-Waterville, Waterville: (315) 841-4973)

Keever Family Practice, Oriskany Falls: (315) 821-7277

MVHS Faxton St. Lukes, Middle Settlement, New Hartford:
(315) 624-8500

MVHS FSLHC Rome Medical Office, Rome: (315) 336-8260

MVHS Medical Group Boonville, Boonville: (315) 942-4391

MVHS North Utica, Utica: (315) 792-5800

MVHS St. Elizabeth Children's HC., Utica: (315) 801-3161

MVHS-Faxton St. Lukes OB Care Center, Utica: (315) 624-6241

Services

Empowered Pathways Mediation: (315) 724-1718

F.A.C.T (Family Advocate Connections Team): (315) 335-1612
or (315) 795-6441 short term case management, insurance
navigation, and advocacy.

**House of the Good Shepherd Children's Health Home Care
Management:** (315) 235-7736

Hutchings Respite Syracuse: (315) 426-7770, this is a short
term respite program for youth ages 10+.

ICAN Children's Care Management: (315) 792-9578

Juvenile Fire Prevention: (315) 880-0300

Juvenile Probation- Rome: (315) 356-2900

Juvenile Probation- Utica: (315) 798-5914

Neighborhood Center Children's Care Management:
(315) 679-1192

Oneida County Department of Mental Health: (315) 768-3660,
Children and Adult SPOA linkage for community services to
those who have a primary mental health diagnosis and are in
need of additional supports.

Oneida County HEAP: Utica (315-798-5559
Rome (315) 356-2840

Oneida County Medicaid: (315) 798-5511, application can be
mailed.

Services Cont.

Oneida County Public Health Department:

Clinic: (315) 798-5747, Utica and Rome. Immunizations, including required school vaccines, COVID-19, HPV, Flu, Hepatitis and Green Card immunizations. STD and HIV testing and treatment referrals. TB Management and Screening. Communicable Disease Management

Special Children Services: (315) 798-5429 Early intervention, Pre-school program and children and youth with special health care needs

Lead Poisoning Prevention Program: (315) 798-5064

Adolescent Tobacco Use Prevention ACT: (315) 798-5064

Overdose Prevention and Substance Use Program:
(315) 798-6400

Oneida County Office for the Aging and Continuing Care:

(315-) 798-5456

Oneida County SNAP: Utica (315)798-5502, Rome (315) 356-6506

Oneida County Temporary Assistance: Utica (315)798-5804

Rome (315) 356-2800

Oneida County WIC: (315) 798-5066, Financial assistance for low income mothers

Food

CNY Food Bank, Utica: (315) 437-1899

Hope House, Utica: (315) 793-3723

Johnson Park, Utica: (315) 734-9608

Mother Marianne's West Side Kitchen, Utica: (315) 735-3289

Rescue Mission of Rome Hot Meals & Rome Food Pantry:
(315) 337-2516

Rescue Mission of Utica Hot Meals & Utica Food Box, Utica:
(315) 735-1645 X 2131

Rome Food Pantry, Rome: (315) 337-8600

St. John's Food pantry, Utica: (315) 525-6157

Utica Food Pantry, Utica: (315) 724-6000

Clothing

Catholic Charities, Utica: (315) 724-2158

The Clothing Closet, Rome: (315) 337-8600

United Way, Utica: (315) 733-4691

Utica Center for Development, Utica: (315) 765-0975

YWCA, Utica: (315) 797-7740

Job Readiness/Employment Services

BASE—Vocational Program: (315) 731-0920, for youth ages 14-21 eligible for an IEP or 504 plan and has a documented disability

Project Aim, Utica: (315) 272-2630, youth only

Summer Youth Employment: (315) 798-5543

Women’s Employment and Resource Center, Utica:
(315) 724-1718 Herkimer, Madison and Oneida Counties, job readiness, help with resumes, etc.

Working Solutions: (315) 207-6951 use, ext 118 for Reentry Task Force – helps those on parole

Homelessness/Housing

Grady’s Way, Utica: (315) 801-7020

Evelyn’s House for young mother’s, Utica: (315) 733-0236

Home Ownership Program: (315) 724-4197

Mohawk Community Action Emergency Rental Assistance:
(315) 624-9930

Other Resources

ACR Health syringe exchange program, Utica: (315) 475-2430

MCAT Bridge Script Program: (315) 732-6228, accessed through the crisis line, just ask to speak with a counselor about the program. This program can help by providing a script for certain medications while you wait for a new provider appt.

Health Friends: (315) 724-0988 Partial Medication Payment Program

Health Benefits Navigator: (315) 272-2224

Hears helpline: 1 (888) 55HEARS (1-888-554-3277), helps connect families to resources

Kinship Connections: (315) 272-2630 for relatives or non parent caregivers of children

Legal Aid: (315) 793-7000

Legal Services of Central NY: 1-877-777-6152

Medicaid cab: 1 (855) 852-3288

On Point for College: (315) 790-5588, assistance with enrolling in college, filling out forms, locating financial aid, etc.

R4K program: (315) 733-4691, contact the United way for information. Kindergarten preparation program

SOHO: (315) 272-2694, adoptive and Guardianship Family Resource

Traid: (315) 292-1968, free rental program for people who need assistive devices

Substance Use Treatment

Beacon Center Rome: (315) 367-1280 outpatient treatment
315-367-1290 x 153 Opioid Treatment

Beacon Center Utica: (315) 366-4100 x 115, outpatient
treatment for adults and adolescents, Mental health counseling
for adults only (315) 367-1285 Opioid Treatment

Center for Family Life and Recovery: prevention services

Utica: (315) 733-1709

Rome: (315) 336-3090

Community Recovery Center, Rome: (315) 334-4701
Outpatient services for both adults and adolescents

Free Narcan Kits: (315)-768-3660 or 315-798-6400

Helio Health Opioid Treatment Program, Utica:
(315) 624-9835

Insights of Helio Health, Utica: (315) 724-5168, dual diagnosis
outpatient treatment for both adults and adolescents

Peer Engagement Specialist: (315) 735-1645 ext.2161, Adults
Only

Upstate Caring Partners, Utica: (315) 798-8868, dual diagnosis
treatment, walk-in hours

Parenting/Child Care

Carenet: (315) 738-9435 or Text (315)864-5334

Child Care Council of Cornell Cooperative Extension:
1 (888) 814-KIDS (5497) or (315) 223-7850 cover Herkimer,
Oneida and Madison counties

Family Nurturing Center: (315)738-9773, offers parenting
classes, visitation, education, resources and more

Healthy Families: (315)792-9578 Resources for expecting
families

Kelberman Center Parent Support Group Email:
parentRoundtable@kelbermancenter.org

MV Perinatal Network: (315)732-4657

Oneida County Daycare: (315) 798-5015 for those who receive
temporary assistance or (315) 266-6191 for those that do not
receive temporary assistance

Planned Parenthood: Utica (315) 724-6146,
Rome (315) 337-8584

Triple-P Parenting Classes: (315) 768-2653, there is a fee

Please remember to practice safe sleep for your babies!

ABC – ALONE, BACK, CRIB

Every Time Baby Sleeps! Baby should always sleep alone – not
with an adult, other children, a twin, or anyone else. Baby
should sleep alone, in a safe crib or play yard, in the same room
as the caregiver. Baby should always be put down to sleep on
his/her BACK.